Stay in control of your child's health

NHS

Healthier Together is a website and mobile app that has been developed by healthcare professionals to provide comprehensive advice for parents, young people and pregnant women.

"It's like a mini doctor for you at home."

Using an easy-to-follow traffic light system, you'll find clear information on common childhood illnesses, including advice on what signs to look out for, when and where to seek help if required, what you should do to keep your child comfortable and how long your child's symptoms are likely to last.

"Brilliant. Simple, reassuring and helpful. Thank you!"

Scan the QR code with a smart phone to visit **what0-18.nhs.uk**

Download the free 'Healthier Together' app

Available on the App Store

GET IT ON Google play

Healthier Together

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